

PRE-CARE INSTRUCTIONS

Any permanent cosmetic enhancement is 50% skill of the artist performing the service and 50% the pre-care and after-care of the client. It is equally as important to take care of the lips before and after in order for results to be long lasting.

YOU MUST HEAVILY MOISTURIZE YOUR LIPS UP UNTIL THE APPOINTMENT!!!

⚠️ COLD SORE PREVENTION ⚠️

If client has a known history of cold sores, also known as fever blisters, it is THEIR responsibility to take an oral anti-viral (Acyclovir, Zovirax, Valtrex, or Lysine) as advised and prescribed by their medical physician or over-the-counter purchases to prevent cold sores, herpes, or fever blisters outbreak.

Additionally, please avoid the following:

(1 WEEK PRIOR)

- ⊗ NO tanning or major sun exposure
- ⊗ NO facial procedures (electrolysis, mud masks, hydra facials, skin-needling, microdermabrasion, etc.)
- ⊗ NO tweezing, threading, shaving, waxing, tinting, bleaching, henna-ing, or lasering

(4 WEEKS PRIOR)

- ⊗ NO Botox or fillers (including needleless)
- ⊗ NO cosmetic procedures or surgeries

(DAY BEFORE AND DAY OF)

- ⊗ NO fish oil, Vitamin E, aspirin, ibuprofen, painkillers, or illicit drugs
- ⊗ NO caffeine (including coffee, tea, energy drinks, etc.) or alcohol
- ⊗ NO blood thinning medications
- ⊗ No working out or activities that produces excessive sweating

If for any reason you are unsure or unclear about the pre-care instructions and limitations, please email caroline@archtoend.com with any questions or concerns and allow 24 hours for a response.